



FINDING HOPE

PARENTS BUILDING SOLUTIONS

A FREE 6 week program in the Cardinia Shire area for parents and carers of a child or young person with an eating disorder

Parenting is never an easy job, but if you have a child with an eating disorder, it is even more complex.

- Are you wondering what you can do to support your child?
- Are you finding the system difficult to navigate?
- Would you like to meet other parents who are experiencing similar challenges?

DATE: THURSDAYS - 28 July - 1 September

TIME: 5.00 - 7.00 p.m.
(Tea, coffee and light refreshments will be provided)

WHERE: Pakenham Library, cnr John & Henry Streets, Pakenham

COST: Free! Bookings are essential



Register using the QR code, or
Contact Carey Cole
0437 428 281 or
carey.cole@anglicarevic.org.au

PARENTZONE



Casey
Cardinia
Libraries